## Remorseful Phase

Abuser begins an intense effort to win forgiveness and ensure the relationship will continue. Appologizes for the abuse, but continues to blame the woman for it.

## Tension Building Phase

Abuser begins to exert control over his partner. Rules are developed, and consequences are outlined if those rules are broken. Minor episodes of violence.

## Romance Stage

The abuser attepts to bond with his partner.

## Acute Battering Phase

Abuser exhibits uncontrolled outbursts of violence. Shortest but most dangerous of the three stages. Ends in an explosion of violence.